

Evaluation Resources

Research has shown that the evidence-based foundational skills embedded in the SMART Moves: Substance Use module can lead to the outcomes shown in the logic model. The evaluation resources that follow are tools your Club or Youth Center can use to measure the impact of this targeted program on skills and assets that have been shown to lead to a reduction in risk behavior.

These evaluation resources include a guide to understanding and interpreting your data and a selection of surveys that you can choose from, depending on what works best for your Club or Youth Center.

- **A Guide to Understanding Your Data:** Overview of what knowledge, attitudes, and skills are being measured by the surveys and how to interpret your results
- **Cover Page:** Instructions to review with members before administering evaluation
- **Pre-/Post-Evaluation Survey:** For use right before and right after SMART Moves: Substance Use module
- **Follow-Up Survey:** For use at any specified time period after SMART Moves: Substance Use module
- **Retrospective (Reflection) Survey:** For use right after SMART Moves: Substance Use module instead of the pre-/post surveys

Grades 6-8 Evaluation Resources		
Type of Evaluation	Overview	Instructions for Use
SMART Moves: Substance Use Module Pre-Evaluation Survey	Assesses knowledge, attitudes and skills before the program.	Give to members before implementing the program.
SMART Moves: Substance Use Module Post-Evaluation Survey	Assesses changes in knowledge, attitudes and skills right after completing the program.	Give to members right after finishing the program.
SMART Moves: Substance Use Module Follow-Up Survey	Assesses changes in knowledge, attitudes and skills over a period of time after completing the program to see the impact of the program on members over time.	Give to members during a specified period of time (e.g., 3, 6, 12 months) after finishing the program. Survey can be used at different follow-up time points.
SMART Moves: Substance Use Module Retrospective (Reflection) Survey	Assesses knowledge, attitudes, and skills before and right after the program in one survey to reduce the number of surveys taken. Use this instead of the pre-/post-evaluation.	Give to members right after finishing the program to capture how they felt before and after the program.