

## Interpreting Your Data

These evaluation resources use three different scales to measure youths' attitudes and skills in SMART Moves: Substance Use. The table below gives an overview of the scales and how to interpret them when analyzing your data.

Scale	Data Interpretation
<p><b>For each of the following statements, choose the answer that best describes you.</b></p> <ul style="list-style-type: none"><li>• Strongly Disagree</li><li>• Disagree</li><li>• Agree</li><li>• Strongly Agree</li></ul>	<p>These items generally track confidence in decision-making and making decisions about substance misuse based on future goals. "Strongly Agree" represent the highest scores and abilities to engage in these skills, while "Strongly Disagree" represent the lowest scores and abilities to engage in these skills. Growth in youth attitudes and skills regarding substance use are demonstrated by increases in the amount of youth who selected "Strongly Disagree" or "Disagree" to "Agree" and "Strongly Agree."</p>
<p><b>For each of the following statements, please tell us how easy or difficult these behaviors are for you.</b></p> <ul style="list-style-type: none"><li>• Very Difficult</li><li>• Difficult</li><li>• Easy</li><li>• Very Easy</li></ul>	<p>These items generally track the degree to which it is difficult or easy to engage in problem-solving behaviors regarding substance misuse. "Very Easy" represents the highest scores and abilities to engage in these skills, while "Very Difficult" represents the lowest scores and abilities to engage in these skills. Growth in youth attitudes and skills are demonstrated by increases in the amount of youth who selected "Very Difficult" or "Difficult" to "Easy" and "Very Easy."</p>

Use the evaluation tools to measure the impact of SMART Moves: Substance Use module on the youth in your Club or Youth Center. Using the follow-up survey will enable you to track growth over time in the selected attitudes and skills in order to demonstrate longer-term impact and outcomes related to substance use.