

# Gym and Field Weekly Planning Template

Day	Age Group	Activities Available	# of Youth	Materials	
Example	6-9	Sharks and Minnows	15	None	
Monday		1.			
		2.			
		3.			
		1.			
		2.			
		3.			
		1.			
		2.			
		3.			
Tuesday		1.			
		2.			
		3.			
		1.			
		2.			
		3.			
		1.			
		2.			
		3.			
Wednesday		1.			
		2.			
		3.			
		1.			
		2.			
		3.			
		1.			
		2.			
		3.			
Thursday		1.			
		2.			
		3.			
		1.			
		2.			
		3.			
		1.			
		2.			
		3.			
Friday		1.			
		2.			
		3.			
		1.			
		2.			
		3.			
		1.			
		2.			
		3.			