

Thank you very much for taking this survey today!

Your opinion is important to us and we appreciate your time.

This survey is designed to find out about you, your opinions and your experiences. Your answers will help make the Boys & Girls Clubs and Youth Centers more interesting and enjoyable for you and others like you, so please answer honestly.

You can answer honestly because your survey won't have your name on it, and nobody seeing the survey will know your name. This means your answers will never be shared with your parents, friends or anyone in your Club or Youth Center. Your answers will be kept confidential and used to better understand Boys & Girls Clubs, Youth Centers and their members.

Instructions:

1. This is not a test. There are no right or wrong answers.
2. If you don't find the answer that fits exactly, use the answer that comes closest.
3. If you need help with a question, raise your hand and quietly ask the staff member helping you today so that you don't disturb others around you.
4. If any question makes you feel uncomfortable, you don't have to answer it. Just skip it and go to the next question.
5. Your participation is voluntary and will not affect your membership in the Club.

Remember, there are no right or wrong answers – only your opinion and your experiences.

Thanks again for your time.

SMART Moves: Substance Use Reflection Survey – For Members in Grades 6-8

How much do you agree or disagree with the following?				
I can easily explain issues related to substance misuse to adults.	Strongly Disagree	Disagree	Agree	Strongly Agree
I can easily explain issues related to substance misuse to my peers.	Strongly Disagree	Disagree	Agree	Strongly Agree
I have goals that I want to achieve for my future.	Strongly Disagree	Disagree	Agree	Strongly Agree
I make healthy decisions about substance misuse that help me achieve my future goals.	Strongly Disagree	Disagree	Agree	Strongly Agree
It is important for me to avoid substance misuse.	Strongly Disagree	Disagree	Agree	Strongly Agree
I feel confident that I can say, “No” to substance misuse.	Strongly Disagree	Disagree	Agree	Strongly Agree
I feel certain in my ability to resist substance misuse.	Strongly Disagree	Disagree	Agree	Strongly Agree
I feel confident that I can say, “No” when pressured by a peer to misuse substances.	Strongly Disagree	Disagree	Agree	Strongly Agree

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For each of the following statements, please tell us how easy or difficult these behaviors are for you.				
Asking for advice from a trusted adult before making an important decision about substance misuse.	Very Difficult	Difficult	Easy	Very Easy
Thinking about what might happen before making a decision to misuse substances.	Very Difficult	Difficult	Easy	Very Easy
Applying new knowledge to make decisions about substance misuse.	Very Difficult	Difficult	Easy	Very Easy
Taking the time to List-Compare-Choose my options and consequences when making decisions about substance misuse.	Very Difficult	Difficult	Easy	Very Easy
Understanding how advertising can influence my decision to misuse substances.	Very Difficult	Difficult	Easy	Very Easy
Knowing which places – both online or in person – provide truthful information about substance misuse.	Very Difficult	Difficult	Easy	Very Easy
Being able to get information on my own about substance misuse to check to see if the information is true.	Very Difficult	Difficult	Easy	Very Easy